

PRESS RELEASE
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**NATIONAL CENTRE FOR
DANCE THERAPY**

**A VERY SPECIAL VISITOR AT THE NATIONAL CENTRE FOR DANCE THERAPY
WHEN DANCER LAZYLEGZ CELEBRATES AN ANNIVERSARY
NOVEMBER 17, 2018, AT THE SALLE ROUGE DES GRANDS BALLETS**



Montreal, November 12, 2018 – Les Grands Ballets and the National Centre for Dance Therapy are happy to announce the arrival of Luca “Lazylegz” Patuelli as part of their team of adapted-dance teachers. The world-renowned b-boy will also be marking the 10 years of his troupe ILL-ABILITIES™ at the Salle Rouge des Grands Ballets with a dazzling celebration on November 17, 2018.

TENTH ANNIVERSARY

ILL-ABILITIES, one of the most inspiring breakdance teams in the world, will celebrate its 10 years by launching a one-of-a-kind event in collaboration with Les Grands Ballets on November 17. The troupe’s international team is made up of eight professional dancers (b-boys) all with different capabilities and who are recognized on the world competition circuit. Together they upend prejudices through their breathtaking performances, by hosting edifying workshops and through participation in top-level competitions. This tenth anniversary promises to offer an action-packed evening, featuring Les Grands Ballets’ First Soloist **Marcin Kaczorowski!**

URBAN DANCE WITH LAZYLEGZ AND MELISSA

For Luca and Melissa, dance enables them both to redefine their capabilities. Lazylegz pushes his limits every day in his career as a dancer with ILL-ABILITIES and his projects like the *No Excuses No Limits*

movement. Luca and Melissa's personal experiences in dance allow them to share a unique understanding of the body, its strengths and weaknesses, and performance presence. The National Centre for Dance Therapy is proud to offer this class for young people between 15 and 30 with physical or intellectual disabilities, in an inclusive environment completely tailored to the needs of each one. An exceptional way for participants to exceed themselves through creativity and movement.

ABOUT THE NATIONAL CENTRE FOR DANCE THERAPY

Founded in 2013, the National Centre for Dance Therapy is a division of Les Grands Ballets Canadiens de Montréal. Its mission is to promote dance and movement as a springboard to therapy and to well-being. Its interdisciplinary approach enables individuals and communities to benefit from clinical research and from training, as well as from the provision of therapeutic and adapted services, through dance and movement.

The Centre offers intensive training intended for future care providers, in addition to conducting several research projects in collaboration with academic institutions.

Explains Centre director Christian Sénéchal, "Therapy through dance often helps people isolated by their social conditions or the state of their health to better express themselves and to socialize more than they would in traditional forms of physical activity."

Dance/movement therapy first emerged in the United States in the 1940s. It has since been used either as main therapy, as a complement to various medical or psychotherapeutic treatments, or else to foster growth, well-being and the development of creativity.

It is possible to purchase tickets for the show marking the 10 years of ILL-ABILITIES and to enroll in the Lazylegz and Melissa class on GrandsBallets.com.

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Media information

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